

EQF Level 6: TRUST Module Descriptor

Title	TRUST – Human Rights Education in and through sport
Credits	4
EQF Level	6
Total Contact Hours	12
Directed Study Hours	38
Total Hours	50
Pre-requisite Knowledge	None
Module Description / Aims	This module introduces the notion of human rights education in and through sport. TRUST aims to build capacity of learners to provide human rights education through sports taking into consideration the needs of marginalised groups such as refugees, people with disabilities and LGBTQI+ community. A human rights-based approach for sports-based interventions will be outlined with a view of supporting participants in applying this methodology in their practice.

Contact Hours

No.	Contact Type	Hours	Frequency	Additional Information
1	Online learning	2	Per Week	2h per online unit
2	Practical / Workshop	2	Per Week	One practical/workshop per online unit
3	Self-learning	3	Per Week	

Learning Outcomes – On successful completion of the module, the learner will be able to:

No.	Learning Outcomes
1	Explain sport as a human right and the potential of sport to progress human rights.
2	Provide human rights education through sport
3	Adapt sport-related activities and programmes to ensure the needs of minority groups are addressed.
4	Advocate for sport as a human right and know how to interact with governments and international institutions.

Teaching and Learning Strategies

No.	Teaching and Learning Strategy
1	Online Modules
2	6 Practical sessions (2h/session)
3	Reflective and reflexive practice: Reflexive diary & Self-assessments

Indicative Syllabus Content

Unit 1: TRUST – Sport as it should be.

1. What is TRUST?
2. TRUST Values
3. TRUST journey
4. Alignment with Council of Europe policies

Unit 2: A global & holistic approach to social and personal development

1. Sustainable Development Goals and Sport
2. Introducing human rights
3. Sport policy overview
4. Human Rights and Sport
5. Sport and human rights reporting
6. Reflective activity
7. Quiz

Unit 3: Human rights education through sports

1. Learning outcomes
2. What is human rights education?
3. Multidimensional impact of sport in key human rights treaties
4. Duties and Responsibilities
5. Safeguarding in sport
6. Remedy and redress for sport-related human rights abuses
7. Reflective Activity
8. Quiz

Unit 4: Sport as a tool for inclusion: Diversity and Intersectionality in sport

1. Learning objectives
2. Diversity in sport
3. Intersectionality in sport
4. Human rights-based approach (HRBA)
5. Facilitators and barriers to participation
6. Let's hear their voices
7. Reflective activity
8. Quiz

Unit 5: Mobilizing Values

1. Learning outcomes
2. Promoting values through sport
3. Pedagogical intervention: 10 steps to consider
4. Case studies
5. Reflective Activity
6. Quiz

Unit 6: Changing the system

1. Learning outcomes
2. Ten action areas for advancing policy and practice
3. TRUST Blueprints for action

1. National Level: Socialising Human Rights in and through sport
2. Regional Level: Higher Education Institutions – Curricula development
3. Local Level: Sports Programme Development
4. Educational resources
5. Quiz

Assessment Strategies

No.	Assessment Strategy
1	Case Study / Presentation
2	Continuous Assessment - Portfolio
3	Final Exam

Assessments

No.	Category	Method	Additional Information	% Alloc.	Learning Outcomes
1	Continuous Assessment	Reflexive Diary	Reflexive diary	80%	
2	Continuous Assessment	Online quiz	Embedded in the online course	20%	

Autumn Assessments

No.	Category	Method	Additional Information	% Alloc.	Learning Outcomes
1	Continuous Assessment	Practice Portfolio	Re-Submission	30	
2	Final Examination		Re-sit	70	

Reading List

No.	Type	Book Title	ISBN	Author	Publisher	Year	Edition
1	Book	Human Rights in Youth Sport A Critical Review of Children's Rights in Competitive Sport	9780415305594	Paulo David	Routledge	2005	1st
2	Book	The Ideals of Global Sport From Peace to Human Rights	9780812251500	Barbara J. Keys	University of Pennsylvania Press	2019	1 st
3	Article	Sport: A driver of sustainable development, promoter of human rights, and vehicle for health and well-being for all	https://doi.org/10.1108/SBM-10-2018-0090	Masdeu Yelamos, G., Carty, C. and Clardy, A.	Sport, Business and Management , Vol. 9 No. 4	2019	

4	Book	Sport for Protection Toolkit	https://www.unhcr.org/publications/manuals/5d35a7bc4/sport-for-protection-toolkit.html	United Nations High Commissioner for Refugees (UNHCR), International Olympic Committee (IOC) and Terre des hommes organisation	2018		
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